

IN THE SPECIFICATION

Please amend the specification as follows:

On page 1, paragraph 1, please add the following information identifying related patent applications:

Cross-Related Patent Applications

The present invention is related to the subject matter of the following commonly assigned, copending United States patent applications identified as application numbers: 09/465,999 and 09/466,051 . The content of the above-referenced applications is incorporated herein by reference.

On page 20, please replace paragraph 2 which is continued on page 21 with the following:

Food and health preferences of the user are also included in field 72. Ingredients to avoid field includes ingredients which the user does not want included. Preparation preferences field designates any preparation preferences that the user desires. Health rating preferences field includes multiple fields including alcohol preference, caffeine preference, heart smart meal preference, organic product preference, kosher preparation preference, protein preference, fat preference, calorie preference. Protein preference, fat preferences and calorie preference may be fields that are set by the user or alternatively may be set by a food monitoring program that controls the amount of protein, fat and calories that a user consumes daily.